

the Recreater

Recreation, Sports & Leisure Brochure



YOUTH

Art

KIDZART

KidzArt is a drawing based educational program proven to build self confidence through artistic expression in a fun and positive environment. Engaging curriculum amps up the fun and creativity keeping students eager to learn new skills and practice new techniques. We use artist quality media; PRISMACOLOR materials, acrylics, professional chalks, and more. Sessions are unique because our curriculum never repeats! Ask about our Multi-Sibling, Refer-A-Friend and Return Student discounts off supply fees. Please bring \$30 supply fee to first class.

5-10 yrs / 6 wks / \$55
(\$30 material fee)

Middletown Rec Center

16428 Thu, 11/8 4:30-5:30 pm

16429 Thu, 11/8 5:45-6:45 pm

TWEENZART

TweenzArt is the next step for students to learn from a customized fun curriculum that promotes and challenges independent creative thinking and designs. Students experience exciting projects using many professional media, styles and techniques. We provide top quality artistic media; PRISMA COLOR materials, acrylics, professional chalks, and more. Sessions are unique because our curriculum never repeats! Ask about our Multi-Sibling, Refer-A-Friend and Return Student discounts off supply fees. Please bring \$40 supply fee to the first class.

10-15 yrs / 6 wks / \$55
(\$40 material fee)

Middletown Rec Center

16442 Mon, 11/12 4:30-5:30 pm



Basketball

NEW! BASKETBALL PREP (L-1)

This program is geared toward children who have not played basketball yet or are just beginning. Children will learn basic fundamentals of basketball including gross motor skills associated with basketball. Children will play fun, small-sided games to help reinforce the skills they have learned.

5-6 yrs / 5 wks / \$29

Middletown Rec Center

16079 Fri, 11/9 4:30-5:15 pm

NEW! BASKETBALL PREP (L-2)

Children will review the skills associated with basketball and move into a games based approach, focusing on beginner and intermediate skill development, game rules, more drills, and small-sided games to prepare them for league play.

6-8 yrs / 5 wks / \$29

Middletown Rec Center

16093 Fri, 11/9 5:30-6:15 pm



Golf

SNAG®

SNAG® stands for "Starting New at Golf". It is a FUN game that is EASY to learn and can be played ANYWHERE. SNAG® contains all the elements of golf but in a modified form. Falling somewhere between miniature golf and regulation golf, SNAG® allows for full shots, pitching, chipping, and putting. It is a proven learning and training tool for entry level golfers. The game has its own simplified rules and terminology, SNAGology as we call it, that adds fun to the learning and playing experience.

5-7 yrs / 5 wks / \$29

Middletown Rec Center

16228 Mon, 11/5 4:30-5:15 pm

7-8 yrs / 5 wks / \$29

Middletown Rec Center

16237 Mon, 11/5 5:30-6:15 pm

Multi-Sports

SPORTS BONANZA

Our coaches will teach your children how to catch, throw, kick and other skills while playing basketball, tee-ball, soccer and more in this program.

4-5 yrs / 5 wks / \$29

Middletown Rec Center

16180 Thu, 11/1 4:30-5:15 pm

6-8 yrs / 5 wks / \$29

Middletown Rec Center

16181 Thu, 11/1 5:30-6:15 pm

Saturday, December 15th

Come and visit with Santa and enjoy cookie decorating and crafts with Santa!

Saturday
December 15, 2012

Cost: \$5
2-10 years
Ballenger Community Building
16061 10:00 am - Noon



301.600.2936 | www.Recreator.com

Soccer

FREDERICK COUNTY WINTER INDOOR SOCCER LEAGUE

While its cold outside, practice your skills indoors. Boys and girls can have fun playing co-ed recreational soccer indoors while learning basic skills. The Division of Parks and Recreation will form teams. Sneakers and shin guards required to participate. This is a six game program. Game times vary from week to week on scheduled day. Volunteer coaches are needed. Registration Deadline is Friday, January 13th.

Middletown Rec Center

Player:

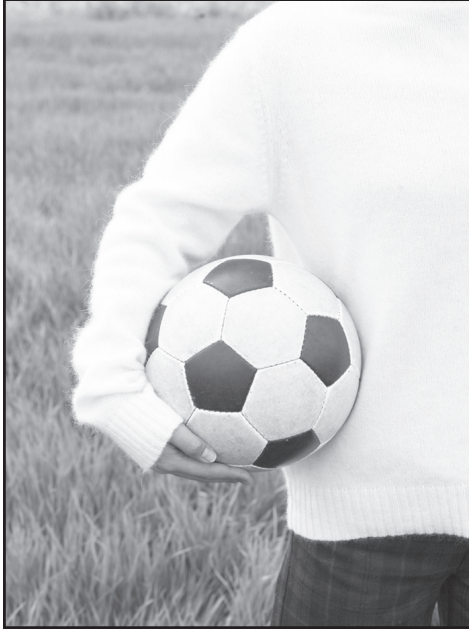
4-6 yrs/ 6 games/ \$50

16210 Sat, 1/19 9:00 am-Noon

Head Coaches' Child:

4-6 yrs/ 6 games/ \$30

16211 Sat, 1/19 9:00 am-Noon



PRESCHOOL



Art

KIDZART Pre-K

KidzArt Pre-K students have fun creating works of art using basic shapes and drawing techniques. Students will also share in an interactive story time and complete 2 fun projects, preschoolers learn to work with various safe media and materials to build self confidence through artistic expression. Sessions are unique because our curriculum never repeats! This is a drop off program unless parents are needed to assist. Please bring a \$35 supply fee to first class.

3-5 yrs / 6 wks / \$55

(\$35 material fee)

Middletown Rec Center

16351 Mon, 11/12 5:45-6:45 pm

ADULT

CARDIO SCULPTING PARTY!

Dance your way to fitness as you get moovin' and groovin' to several different styles of music followed by a Total Body resistance workout to create a sleek, toned body. Students should bring dumbbells and an exercise mat.

12+ yrs / 6 wks / \$42

Valley Elementary School

16028 Thu, 11/1 6:30-7:30 pm

ZUMBA

Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic workout system that will blow you away. Join this program to achieve long term benefits while experiencing an absolute blast in one exhilarating hour of caloric burning, heart-racing, muscle-pumping, body-energizing, awe-inspiring movements meant to engage and captivate for life!14+ yrs/ 6 wks / \$30

Middletown Rec Center

16003 Sat, 11/3 8:00-9:00 am

15999 Mon, 11/19 7:00-8:00 pm

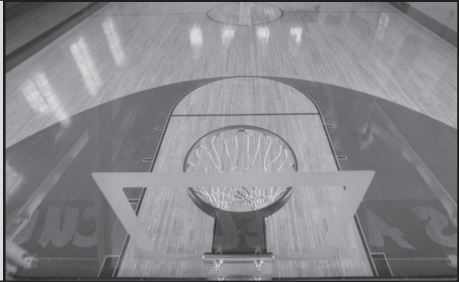
16001 Wed, 11/21 7:00-8:00 pm

Drop-In Programs

MIDDLETOWN REC CENTER

Sun Over 40 Basketball 7:30-9:30 pm
Mon Over 18 Basketball 7:30-9:30 pm
Wed Over 30 Basketball 7:15-9:15 pm
Fri Under 18 Basketball 7:15-9:15 pm

For more details on start dates



Frederick County Division of Parks and Recreation REGISTRATION FORM

Mail: FCDPR, 118 North Market St., Frederick, MD 21701 (Please make check payable to Frederick County Treasurer)

By Phone: 301-600-2936 Fax: 301-600-2595

Online: www.Recreator.com

Parent/Guardian Name (if participant is under 18 years of age)

Address City State Zip

Home Phone Work/Cell Phone E-mail

Emergency Contact Name Emergency Phone

Medical Conditions: Participant name: Medical Condition:

Participant's Name	Gender	D.O.B.	Program Name	Program Code	Fee
		/ /			\$
		/ /			\$
Attach additional registrations on a separate piece of paper if necessary				TOTAL DUE	\$
Credit Card (Visa, MasterCard, Discover) Card # Exp. Date				We will notify you only if there is a problem or a change in the program.	

Waiver of Liability: By my signature below, I acknowledge that there are inherent risks and dangers associated with recreation program/s and therefore, I hold the Board of County Commissioners of Frederick County (BoCC) harmless from all claims for injuries, damage, or loss which may result from me or my child's participation in the program/s listed above. Further, in compliance with Maryland HB 858 and SB 771, I hereby acknowledge that I understand the risks of concussions in sports and am aware of the concussion information which is found at www.recreator.com

Discipline Policy: I understand that the Division has a discipline policy for conduct in recreation programs and facilities. In the event that I/my child is asked to leave a program/facility, I understand that the registration fee will not be refunded to me.

Authorization for use of Photographic Likeness: I agree to allow Frederick County Parks and Recreation to take and utilize photos, slides, and video images of the above registered individual/s for the purpose of promotion and publicizing of the Division's programs and/or events. If I prefer to not allow the above registered individual/s to be photographed, I will call 301-600-1684 to register my request.

Signature Date

Refund policy: If you want to withdraw from a program, call 301-600-2936. All requests for refunds must be made 2-weeks prior to the start of the program. A \$4 processing fee will be charged for each participant per program refunded. All refund requests must be approved by the Recreation Superintendent. Refunds will be issued according to the original method of payment, unless payment was made by cash, then a check will be issued.